

Miss Quatro 2016 - Jewel of the South - Programme

Gymnasts Highlighted Denote Team Members

Teams Eligible: South Essex GC, City of Birmingham GC, Bulmershe GC, Berkhamsted GC, Next Dimension GA, Marriotts GC, Pipers Vale GC, Waveney GC, Norfolk AG

Friday - Round One

No.	GYMNAST	AGE GROUP	CLUB	GR	VAULT	BARS	BEAM	FLOOR	R & C	TOTAL
Compulsory 5										
1	Shamiso Ndoro	8 years	South Essex GC	1						
2	Grace Reed	8 years	South Essex GC	1						
3	Tia Basi	8 years	South Essex GC	1						
4	Scarlett Edge	8 years	South Essex GC	1						
10	Phoebe Peacock	8 years	Berkhamsted GC	1						
11	Amelie Bowles	8 years	Bulmershe GC	2						
12	Anna Weir	8 years	Marriotts GC	2						
13	Freya Donohoe	8 years	Pipers Vale GC	2						
14	Grace Wardley	8 years	Pipers Vale GC	2						
15	Maddie Swan	8 years	Pipers Vale GC	2						
16	Ellie Cornforth	8 years	Pipers Vale GC	2						
17	Brooke Rab	8 years	Waveney GC	2						
18	Bronwen Back	8 years	Waveney GC	2						
19	Ellen Symonds	8 years	Norfolk AG	2						
Compulsory 4										
5	Mari Nixon	9 & 10 years	Cardiff Central YC	1						
6	Abbie Pocock	9 & 10 years	Cardiff Central YC	1						
7	Evie Flage-Donovan	9 & 10 years	Cardiff Central YC	1						
8	Lily Shanahan	9 & 10 years	Cardiff Central YC	1						
9	Annais Muteba-Mundi	9 & 10 years	Cardiff Central YC	1						
20	Lauren Saunders	9 & 10 years	Bulmershe GC	3						
21	Darcy Thorne	9 & 10 years	Bulmershe GC	3						
22	Georgia Parker	9 & 10 years	Bulmershe GC	3						
23	Joey Heng	9 & 10 years	Hendon GC	3						
24	Sofia Garcia	9 & 10 years	Hendon GC	3						
25	Sophie O'Flaherty	9 & 10 years	Hendon GC	3						
26	Nikol Stoimenova	9 & 10 years	Hendon GC	3						
48	Charlie-May White	9 & 10 years	Camden GC	3						
49	Erin Cooper	9 & 10 years	Camden GC	3						
31	Kayleigh Lancey	9 & 10 years	Falcons GA	4						
32	Felicity Ayres	9 & 10 years	Falcons GA	4						
33	Federica Contarino	9 & 10 years	Dronfield GA	4						
36	Freya Moss	9 & 10 years	KD Gymnastics	4						
37	Phoebe Ryder	9 & 10 years	KD Gymnastics	4						
38	Ava Nair	9 & 10 years	Leatherhead & Dorking GC	4						
39	Lottie Roberts	9 & 10 years	Leatherhead & Dorking GC	4						
40	Alina Ciausu	9 & 10 years	Norfolk AG	4						
41	Grace Davies	9 & 10 years	Norfolk AG	4						
42	Penny Horne	9 & 10 years	Next Dimension GA	5						
43	Summer Nolan	9 & 10 years	Pegasus GC	5						
44	Cienna Kwayie	9 & 10 years	Pegasus GC	5						
45	Millie Root	9 & 10 years	Marriotts GC	5						
46	Rosie Cowen	9 & 10 years	Pinewood GC	5						
47	Lilli Clo Thorp Richens	9 & 10 years	Aylesbury GA	5						
50	Oriah Searchwell-Snape	9 & 10 years	Tamworth GC	5						
51	Beatrice Hill	9 & 10 years	Notts GA	5						
52	Paris Whiting	9 & 10 years	Waveney GC	5						

ROUND ONE	ACTIVITY	* 8.30am Judges Meeting *
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8.00am	Doors Open	
8.00am - 8.30am	Registration for Gymnasts in Round 1	
8.30am - 8.40am	March-on & Introduction of Gymnasts Competing in Round 1	
8.40am - 8.50am	General Warm-Up	
8.50am	All Judges to be in position	
8.50am - 8.55am	Gymnasts line up on floor in Groups & march to first Apparatus	
8.55am - 11.50am	Warm-Up & Competition 5 x 35 Minutes	* Mixed Group to Compete in Grade Order *

Competition Warm-Up Arrangements	VAULT	BARS	BEAM	FLOOR	R & C
Vault Warm-Up: x 2 Vaults per Gymnast then Compete	1	2	3	4	5
USA Style Warm-Up on Bars, Beam & Range:	5	1	2	3	4
The First x 2 Gymnasts within each Group @ 90 secs.	4	5	1	2	3
Gymnast 1 competes & whilst Gymnast 1 is being judged, Gymnast 3 warms-up etc.	3	4	5	1	2
	2	3	4	5	1

Split Warm-Up on Floor: First half of Group W/Up for 2.5 minutes followed by the second half of the Group

There will be a separate Warm-Up area for Range to ensure the next gymnast is ready to compete.

Judges & Officials Lunch

11.50am	
11.50am - 12.00pm	Collation of Scores & Spectator Hot-Seat
12.00pm - 12.15pm	Stand & Awards Ceremony for Compulsory 5 & 4 Gymnasts

Friday - Round Two

No.	GYMNAST	AGE GROUP	CLUB	GR	VAULT	BARS	BEAM	FLOOR	R & C	TOTAL
Compulsory 3										
35	Sofia Micallef	10 & 11 years	Cardiff Central YC	6						
53	Olivia Phillips	10 & 11 years	Basingstoke GC	6						
55	Kathryn Withey	10 & 11 years	Camden GC	6						
56	Lucie Kyle	10 & 11 years	Notts GA	6						
57	Daisy Ellis	10 & 11 years	Slough GC	6						
58	Kaiya Eastell	10 & 11 years	Waveney GC	6						
59	Lily Thompson-Harris	10 & 11 years	Waveney GC	6						
61	Sofia Brooks	10 & 11 years	Pipers Vale GC	7						
62	Mya Patel	10 & 11 years	Pipers Vale GC	7						
63	Emma Wilkinson	10 & 11 years	Pipers Vale GC	7						
64	Ruby Keeley	10 & 11 years	Pipers Vale GC	7						
65	Hermione Hammond	10 & 11 years	Tamworth GC	7						
66	Tegan Massey	10 & 11 years	Tamworth GC	7						
67	Anna Bambrook	10 & 11 years	Tamworth GC	7						
68	Niamh Searchwell-Snape	10 & 11 years	Tamworth GC	7						
70	Olivia Cham	10 & 11 years	Dronfield GA	8						
71	Courtney-Leigh Simpson	10 & 11 years	Dronfield GA	8						
72	Evie Price	10 & 11 years	City of Birmingham GC	8						
73	Skye-Rose Hamilton	10 & 11 years	City of Worcester GC	8						
74	Matilda Haughton	10 & 11 years	City of Worcester GC	8						
75	Sophia Kyriacou	10 & 11 years	Next Dimension GA	8						
76	Erin Marshall	10 & 11 years	Hendon GC	8						
77	Isla Weir	10 & 11 years	Marriotts GC	8						
78	Sophie Prior	10 & 11 years	Pinewood GC	9						
79	Sasha Poole	10 & 11 years	Pinewood GC	9						
82	Annabelle Johnny	10 & 11 years	Pinewood GC	9						
83	Nyah Reddyhough	Miss Q OOA	Pinewood GC	9						
84	Paige Carder	10 & 11 years	Aylesbury GA	9						
86	Mei Amorelli	10 & 11 years	KD Gymnastics	9						
60	Isabelle Mardle	10 & 11 years	Norfolk AG	9						
Compulsory 2										
87	Maisie Squire	11 & 12 years	Pipers Vale GC	10						
88	Mika Longin	11 & 12 years	Notts GA	10						
89	Summer Rose Hill	11 & 12 years	Notts GA	10						
90	Jasmine Whittaker	11 & 12 years	Notts GA	10						
Compulsory 1										
91	Isabel Thomas	12+ years	Cardiff Central YC	10						
92	Molly Howland	12+ years	Pipers Vale GC	10						

ROUND TWO **ACTIVITY**

By 11.30am **Registration for Gymnasts in Round 2**
 12.15pm - 12.25pm March-on & Introduction of Gymnasts Competing in Round 2
 12.25pm - 12.35pm General Warm-Up
 12.35pm **All Judges to be in position**
 12.35pm - 12.40pm Gymnasts line up on floor in Groups & march to first Apparatus
 12.40pm - 3.35pm Warm-Up & Competition 5 x 35 Minutes

** Mixed Group to Compete in Grade Order **

Competition Warm-Up Arrangements	VAULT	BARS	BEAM	FLOOR	R & C
Vault Warm-Up: x 2 Vaults per Gymnast then Compete	6	7	8	9	10
USA Style Warm-Up on Bars, Beam & Range:	10	6	7	8	9
The First x 2 Gymnasts within each Group @ 90 secs.	9	10	6	7	8
Gymnast 1 competes & whilst Gymnast 1 is being judged, Gymnast 3 warms-up etc.	8	9	10	6	7
	7	8	9	10	6

Split Warm-Up on Floor: First half of Group W/Up for 2.5 minutes followed by the second half of the Group

There will be a separate Warm-Up area for Range to ensure the next gymnast is ready to compete.

3.35pm - 3.45pm Collation of Scores & Spectator Hot-Seat
 3.45pm - 4.00pm Stand & Awards Ceremony for Compulsory 3, 2 & 1 Gymnasts

F.I.G. Barbie Team Challenge

No.	GYMNAST	TEAM	CLUBS	GR	VAULT	BARS	BEAM	FLOOR	TOTAL
93	Isla Lees	Notts Magic A	Notts GC	1					
94	Ramiyah Kofi								
95	Isabella Willocks								
96	Scarlett Williams								
97	Caitlin Williams	Notts Magic B	Notts GC	1					
98	Laura Kaletha								
99	Jessica Coombs								
100	Erika Magpantay	Grease!	Marriotts GC	2					
101	Lucy Moxham								
102	Maya Grant								
103	Beth Todd								
104	Taylor Langmead	TBC	Falcons GA, Pipers Vale GC, Pinewood GC & Berkhamsted GC	2					
105	Polina Poliakova								
106	Jessica Castles								
401	Gabriella Connolly								
107	Megan Parker	City Angels	City of Birmingham GC	3					
109	Alissia Barlow								
110	Amelie Morgan								
111	Oriel Powell								
113	Emer Hancock	City Fairies	City of Birmingham GC, City of Worcester GC & Slough GC	3					
395	Ellen Donaldson								
402	TBC								
114	Macey Chapman	Central's Angels	Cardiff Central YC	4					
115	Ella Gaynor								
116	Carrisa Alleyne								
117	Rachael Page	Disney Characters	Pegasus GC	4					
118	Josie Griffiths								
119	Amanda Cook								
120	Amirah Blackman								

FIG Barbie Team Challenge

ACTIVITY

By 3.00pm

Registration for Gymnasts competing in the FIG Barbie Team Challenge

4.00pm

FIG Team Challenge Judges Meeting & Afternoon Tea in the Designated Room Upstairs

4.00pm - 4.10pm

Coaches Briefing & General Warm-Up for the Barbie Team Challenge

4.10pm - 5.00pm

Apparatus Warm-Up 4 x 12 Minutes (Split 6 minutes per Team)

Barbie Team Challenge				
	VAULT	BARS	BEAM	FLOOR
	4	1	2	3
	3	4	1	2
	2	3	4	1
	1	2	3	4

5.00pm - 5.05pm

March-on & Introduction of Judges for the Barbie Team Challenge

5.05pm - 5.20pm

Run-in & Introduction of Gymnasts Competing in the Barbie Team Challenge

Each team/coaches will be introduced via their own 30 secs choreographed introduction.

Both teams & coaches will remain hidden until announced!

5.20pm - 7.20pm

Competition 4 x 30 Minutes

SPLIT COMPETITION WARM-UP ARRANGEMENTS				
	VAULT	BARS	BEAM	FLOOR
2 x W/Up Vaults per Gymnast	1	2	3	4
Bars 2 minutes per Team (bars maybe prepped in advance)	4	1	2	3
Beam 2 minutes per Team	3	4	1	2
Floor 2 minutes per Team	2	3	4	1

7.20pm - 7.30pm

Collation of Scores & Spectator Hotseat

7.30pm - 7.45pm

Gymnasts to Stand & Presentations for the FIG Barbie Team Challenge

7.45pm

Refreshments & Drinks upstairs for all Barbie Judges, Coaches & Officials - RSVPs required

Saturday - Round Three

No.	GYMNAST	AGE GROUP	CLUB	GR	VAULT	BARS	BEAM	FLOOR	R & C	TOTAL
Regional Grade 4										
121	Maia Coleman	10 & 11 years	Pipers Vale GC	1						
122	Kia Smy	10 & 11 years	Pipers Vale GC	1						
123	Ella Crush	10 & 11 years	Pipers Vale GC	1						
124	Jessica Marshall	12+ years	Bury Spectrum GC	1						
125	Aimee Morris	12+ years	Bury Spectrum GC	1						
126	Charlotte Grant	10 & 11 years	Bury Spectrum GC	1						
127	Maisy Freeman	12+ years	Bury Spectrum GC	1						
128	Jasmine Thomas	10 & 11 years	Bury Spectrum GC	1						
129	Jasmine Snooks	10 & 11 years	Carousel SG	1						
130	Robyn Bennett	12+ years	Carousel SG	1						
131	Sienna Salousti	10 & 11 years	Dolphina GC	2						
132	Isabel McShannon	12+ years	Dolphina GC	2						
133	Zoe Picksley	12+ years	Dolphina GC	2						
134	Briony Hall	12+ years	Waveney GC	2						
135	Lexi Hammond	10 & 11 years	Waveney GC	2						
136	Millie Hart	10 & 11 years	Norfolk AG	2						
137	Jessica Smith	12+ years	Norfolk AG	2						
138	Fea Miller	12+ years	Norfolk AG	2						
139	Charlotte Bevington	12+ years	Norfolk AG	2						
140	Maya Broughton	10 & 11 years	Europa GC	2						
141	Elise De Boos	10 & 11 years	South Essex GC	3						
142	Billie Masser	10 & 11 years	South Essex GC	3						
143	Eve Emilia Page	10 & 11 years	South Essex GC	3						
144	Mollie Hewison	10 & 11 years	City of Birmingham GC	3						
145	Francesca Crisford	10 & 11 years	Berkhamsted GC	3						
146	Ella Harrison	10 & 11 years	Next Dimension GA	3						
147	Elka Phizacklea	10 & 11 years	Next Dimension GA	3						
148	Demi Markman	10 & 11 years	Bulmershe GC	3						
149	Alice Brunn	10 & 11 years	Bulmershe GC	3						
394	Elise Hale	10 & 11 years	Norfolk AG	3						

Regional Grade 3										
150	Vivian Jaiyesimi	11+ years	South Essex GC	4						
151	Tyler Barnard	11+ years	South Essex GC	4						
152	Amy Barrett	11+ years	Berkhamsted GC	4						
153	Rhea Pereira	11+ years	Berkhamsted GC	4						
154	Emily Harrison	11+ years	Next Dimension GA	4						
155	Millie Waterman	11+ years	Next Dimension GA	4						
156	Rosanna Perrett	11+ years	Next Dimension GA	4						
157	Hetty Sinclair	11+ years	Next Dimension GA	4						
158	Isabelle Cotteral	11+ years	Next Dimension GA	4						
159	Roma Guerra	11+ years	Dolphina GC	4						
160	Tilly Day	11+ years	Marriotts GC	4						
161	Sophie Tomlin	11+ years	Pipers Vale GC	5						
162	Lucy Woods	11+ years	Pipers Vale GC	5						
163	Minnie Mulumba	11+ years	Pipers Vale GC	5						
398	Keira May	11+ years	Pipers Vale GC	5						
399	Melita Pritchard-Barratt	11+ years	Pipers Vale GC	5						
400	Bobbie Currie	11+ years	Pipers Vale GC	5						
164	Holly Hards	11+ years	Bury Spectrum GC	5						
165	Lorna Coull	11+ years	Bury Spectrum GC	5						
166	Isla Joy Ramirez	11+ years	Bury Spectrum GC	5						
167	Lilli Cronin	11+ years	Carousel SG	5						
168	Ashlin Brown	11+ years	Carousel SG	5						
169	Morgan Winkworth	11+ years	Colchester SG	6						
170	Ella McIntosh	11+ years	Colchester SG	6						
171	Hermione Allen	11+ years	Waveney GC	6						
172	Amelia Gow	11+ years	Waveney GC	6						
173	Eden Hill	11+ years	Norfolk AG	6						
174	Emma Wilder	11+ years	Norfolk AG	6						

175	Ezara King	11+ years	Norfolk AG	6						
176	Megan Newbery	11+ years	Norfolk AG	6						
177	Laurel Broughton	11+ years	Europa GC	6						
178	Harley Gleed	11+ years	Europa GC	6						

ROUND THREE	ACTIVITY	* 8.30am Judges Meeting *
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8.00am	Doors Open
8.00am - 8.30am	Registration for Gymnasts in Round 3
8.30am - 8.40am	March-on & Introduction of Gymnasts Competing in Round 3
8.40am - 8.50am	General Warm-Up
8.50am	All Judges to be in position
8.50am - 8.55am	Gymnasts line up on floor in Groups & march to first Apparatus
8.55am - 11.55am	Warm-Up & Competition 6 x 30 Minutes

Warm-Up Arrangements	VAULT	BARS	BEAM	FLOOR	R & C	REST
Vault Warm-Up: x 2 Vaults per Gymnast then Compete	1	2	3	4	5	6
USA Style Warm-Up on Bars, Beam & Range:	6	1	2	3	4	5
The First x 2 Gymnasts within each Group @ 1 min	5	6	1	2	3	4
Gymnast 1 competes & whilst Gymnast 1 is being judged, Gymnast 3 warms-up etc.	4	5	6	1	2	3
Split Warm-Up on Floor: First half of Group W/Up	3	4	5	6	1	2
for 2.5 minutes followed by the second half of the Group	2	3	4	5	6	1

There will be a separate Warm-Up area for Range to ensure the next gymnast is ready to compete.

11.55am	Judges & Officials Lunch
11.55am - 12.05pm	Collation of Scores & Spectator Hot-Seat
12.05pm - 12.15pm	Stand & Awards Ceremony for Regional 4 & 3 Gymnasts

Saturday - Round Four

No.	GYMNAST	AGE GROUP	CLUB	GR	VAULT	BARS	BEAM	FLOOR	R & C	TOTAL
Club Grade 6										
179	Isabel Cartwright	9 years	South Essex GC	7						
180	Isabel Boukhoufane	8 years	South Essex GC	7						
181	Evie Carr	9 years	South Essex GC	7						
182	Darcie Meechan	9 years	South Essex GC	7						
183	Lucy Skelton	8 years	Next Dimension GA	7						
184	Fleur Chandler	8 years	Next Dimension GA	7						
185	Madison Fitzgerald	8 years	Next Dimension GA	7						
186	Simone Stoyanov	8 years	Dolphina GC	7						
187	Isabella Bennett	8 years	Dolphina GC	7						
188	Beau Mallett	9 years	Dolphina GC	7						
189	Teah Gregory	8 years	Marriotts GC	8						
190	Paula Kubas	8 years	Marriotts GC	8						
191	Caitlin Christie	8 years	Marriotts GC	8						
192	Isabella Jarman	8 years	Marriotts GC	8						
193	Emma Ellis	9 years	Marriotts GC	8						
194	Katie Yallop	9 years	Colchester SG	8						
195	Amy Fendell	8 years	Colchester SG	8						
196	Bella Stanley	8 years	Colchester SG	8						
197	Amelie Scott	8 years	Colchester SG	8						
198	Scarlet Ryan	8 years	Colchester SG	8						
199	Pipa Horton	8 years	Colchester SG	9						
200	Erin Reid	8 years	Colchester SG	9						
201	Julianna Whittaker	8 years	Colchester SG	9						
202	Megan Long	10 & 11 years	Colchester SG	9						
203	Amelie Taylor	9 years	Colchester SG	9						
204	Cherish Hayward	9 years	Colchester SG	9						
205	Orkney Elkin	9 years	Colchester SG	9						
206	Isla Hurrell	8 years	Norfolk AG	9						
207	Keola Silver	8 years	Norfolk AG	9						
208	Sophie De-Berniere-Smart	8 years	Norfolk AG	9						
209	Eleanor Rose Howe	8 years	Berkhamsted GC	10						
210	Gala Fraser-Lim	8 years	Pipers Vale GC	10						
211	Lilia Kearney	9 years	Pipers Vale GC	10						
212	Nyah Gaskin-Barber	9 years	Pipers Vale GC	10						
213	Eloise Pritchard-Barratt	8 years	Pipers Vale GC	10						
214	Rose Gardiner	8 years	Pipers Vale GC	10						
215	Molly Richer	8 years	Pipers Vale GC	10						
216	Lara Gledhill	10 & 11 years	Pipers Vale GC	10						
217	Molly Gard	8 years	Waveney GC	10						
218	Erin Berry	8 years	Bury Spectrum GC	11						
219	Tallulah Quansah	8 years	Bury Spectrum GC	11						
220	Henrietta Wilson	8 years	Bury Spectrum GC	11						
221	Lily Bawden-Bouche	Miss Q OOA	Bury Spectrum GC	11						
222	Imogen Slowe	9 years	Carousel SG	11						
223	Amber Ridgley	8 years	Carousel SG	11						
224	Erin Bradley	8 years	Carousel SG	11						
225	Lois Reynolds	8 years	Carousel SG	11						
226	Jessica Cable	8 years	Carousel SG	11						
227	Natasha Moorcroft	8 years	Carousel SG	11						

ROUND 4	ACTIVITY
By 11.30am	Registration for Gymnasts in Round 4
12.15pm - 12.25pm	March-on & Introduction of Gymnasts Competing in Round 4
12.25pm - 12.35pm	General Warm-Up
12.35pm	All Judges to be in position
12.35pm - 12.40pm	Gymnasts line up on floor in Groups & march to first Apparatus
12.40pm - 3.10pm	Warm-Up & Competition 5 x 30 Minutes

Warm-Up Arrangements	VAULT	BARS	BEAM	FLOOR	R & C
Vault Warm-Up: x 2 Vaults per Gymnast then Compete	7	8	9	10	11
USA Style Warm-Up on Bars, Beam & Range:	11	7	8	9	10
The First x 2 Gymnasts within each Group @ 1 min	10	11	7	8	9
Gymnast 1 competes & whilst Gymnast 1 is being judged, Gymnast 3 warms-up etc.	9	10	11	7	8
	8	9	10	11	7

Split Warm-Up on Floor: First half of Group W/Up for 2.5 minutes followed by the second half of the Group

There will be a separate Warm-Up area for Range to ensure the next gymnast is ready to compete.

3.10pm	Judges & Officials Afternoon Tea
3.10pm - 3.20pm	Collation of Scores & Spectator Hot-Seat
3.20pm - 3.30pm	Stand & Awards Ceremony for Club Grade 6 Gymnasts

Saturday - Round Five

No.	GYMNAST	AGE GROUP	CLUB	GR	VAULT	BARS	BEAM	FLOOR	R & C	TOTAL
Club Grade 5										
228	Teagan Newcombe	10 years	South Essex GC	12						
229	Emma Coombs	11 & 12 years	South Essex GC	12						
230	Kristi Mia Walker	11 & 12 years	South Essex GC	12						
231	Jessica Haycock	10 years	South Essex GC	12						
232	Maggie-May Shepherd	9 years	South Essex GC	12						
233	Holly McDonagh	10 years	South Essex GC	12						
234	Ruby Miller	10 years	South Essex GC	12						
235	Mia Walsh	9 years	South Essex GC	12						
236	Darcy Fraser	10 years	South Essex GC	12						
237	Aimee Lovell	9 years	Bulmershe GC	12						
238	Sophie Marsden	9 years	Bulmershe GC	12						
239	Roxanne Baxter	10 years	Dolphina GC	13						
240	Bella Bolt	10 years	Dolphina GC	13						
241	Jasmin Wheatley	11 & 12 years	Dolphina GC	13						
242	Jessica Conroy	11 & 12 years	Dolphina GC	13						
243	Keira Human	9 years	Dolphina GC	13						
244	Erin McCarter	9 years	Bury Spectrum GC	13						
245	Kylie Broersma	11 & 12 years	Bury Spectrum GC	13						
246	Livy Maguire	9 years	Bury Spectrum GC	13						
247	Olivia Nicholas	9 years	Bury Spectrum GC	13						
248	Chloe Gibbs	9 years	Bury Spectrum GC	13						
249	Cerys Evans	9 years	Bury Spectrum GC	13						
250	Daisy Steward	11 & 12 years	Pipers Vale GC	14						
251	Erin Scott	10 years	Pipers Vale GC	14						
252	Chloe-Leigh Phelan	11 & 12 years	Pipers Vale GC	14						
253	Saskia Watts	10 years	Pipers Vale GC	14						
254	Milly Brooke	11 & 12 years	Pipers Vale GC	14						
255	Katie Pryke	11 & 12 years	Pipers Vale GC	14						
256	Teagan Butterton	9 years	Pipers Vale GC	14						
257	Ella Aldons	11 & 12 years	Colchester SG	14						
258	Sky Armitage	11 & 12 years	Colchester SG	14						
259	Scarlet Fearn	10 years	Colchester SG	14						
260	Rebecca Rice	11 & 12 years	Colchester SG	14						
261	Ashleigh Barker	11 & 12 years	Carousel SG	15						
262	Harriet Lawrence	9 years	Carousel SG	15						
263	Emilie Bond	10 years	Waveney GC	15						
264	Kacie Hanton	10 years	Waveney GC	15						
265	Evie Booker	10 years	Waveney GC	15						
266	Erin McGrotty	9 years	Norfolk AG	15						
267	Lois Hill	9 years	Norfolk AG	15						
268	Kacey Chrystall	9 years	Norfolk AG	15						
269	Katie Middleton	9 years	Norfolk AG	15						
270	Carly Jermyn	9 years	Norfolk AG	15						
271	Lydia Hawker	11 & 12 years	Norfolk AG	15						
272	Sofia Johnson	9 years	City of Birmingham GC	16						
273	Isabelle Gallagher	9 years	Berkhamsted GC	16						
274	Annabel Kyriacou	9 years	Next Dimension GA	16						
275	Kaidee-Lee Reed	9 years	KD Gymnastics	16						
276	Georgiana Fowler	9 years	Marriotts GC	16						
277	Chanelle Harris	10 years	Marriotts GC	16						
278	Ruby Mann	10 years	Pipers Vale GC	16						
279	Raquel Jackson	10 years	Pipers Vale GC	16						
280	Lila Abbott	9 years	Pipers Vale GC	16						
281	Chloe Armstrong	9 years	Pipers Vale GC	16						
282	Libby-Anne Abbott	10 years	Pipers Vale GC	16						

ROUND 5	ACTIVITY
By 2.30pm	Registration for Gymnasts in Round 5
3.30pm - 3.40pm	March-on & Introduction of Gymnasts Competing in Round 5
3.40pm - 3.50pm	General Warm-Up
3.50pm	All Judges to be in position
3.50pm - 3.55pm	Gymnasts line up on floor in Groups & march to first Apparatus
3.55pm - 6.25pm	Warm-Up & Competition 5 x 30 Minutes

Warm-Up Arrangements	VAULT	BARS	BEAM	FLOOR	R & C
Vault Warm-Up: x 2 Vaults per Gymnast then Compete	12	13	14	15	16
USA Style Warm-Up on Bars, Beam & Range:	16	12	13	14	15
The First x 2 Gymnasts within each Group @ 1 min	15	16	12	13	14
Gymnast 1 competes & whilst Gymnast 1 is being judged, Gymnast 3 warms-up etc.	14	15	16	12	13
	13	14	15	16	12

Split Warm-Up on Floor: First half of Group W/Up for 2.5 minutes followed by the second half of the Group
 Collation of Scores & Spectator Hot-Seat
 Stand & Awards Ceremony for Club Grade 5 Gymnasts

There will be a separate Warm-Up area for Range to ensure the next gymnast is ready to compete.

6.25pm - 6.35pm
 6.35pm - 6.45pm

Sunday - Round Six

No.	GYMNAST	AGE GROUP	CLUB	GR	VAULT	BARS	BEAM	FLOOR	R & C	TOTAL
Regional Grade 2										
283	Alannah O'Kelly	12+ years	Dolphina GC	1						
284	Amber McCarthy	12+ years	Marriotts GC	1						
285	Christie Watts	12+ years	Pipers Vale GC	1						
286	Emma Rattle	12+ years	Great Baddow GC	1						
287	Isobel Griffiths	12+ years	Great Baddow GC	1						
288	Sarah Tregaskes	12+ years	Great Baddow GC	1						
289	Louise Potton	12+ years	Great Baddow GC	1						
290	Ella Farquahar	12+ years	Great Baddow GC	1						
National Grade 4										
291	Matilda Milburn	10+ years	Camden GC	2						
292	Annabel Dewhurst	10+ years	Camden GC	2						
293	Grace Hyams	10+ years	Camden GC	2						
294	Hattie Lowden	10+ years	Colchester SG	2						
295	Vinukie Peries	10+ years	Colchester SG	2						
296	Isabel Dryden	10+ years	Colchester SG	2						
297	Karena Child	10+ years	Colchester SG	2						
298	Isabel Carr	10+ years	Horsham GC	3						
299	Elena Jones	10+ years	Horsham GC	3						
300	Phoebe Light	10+ years	Horsham GC	3						
301	Anna Lyons	10+ years	Europa GC	3						
302	Eliza Caistor	10+ years	Europa GC	3						
303	Bo Chapman-Hailey	10+ years	Europa GC	3						
304	Sasha Smith	10+ years	Europa GC	3						
305	Sarah Jane Coker	10+ years	South Essex GC	4						
306	Charlotte Cassidy	10+ years	South Essex GC	4						
307	Imogen Banfield	10+ years	Falcons GA	4						
308	Lauren Taylor	10+ years	Falcons GA	4						
309	Emily Elder	10+ years	Falcons GA	4						
310	Cheyenne Plummer-Haaijer	10+ years	City of Birmingham GC	4						
311	Ellie Harle	10+ years	City of Worcester GC	4						
312	Hollie Biggerstaff	10+ years	City of Worcester GC	4						
313	Isabelle Bridgeman	10+ years	Next Dimension GA	5						
314	Poppy Brown	10+ years	Next Dimension GA	5						
315	Lily Baker	10+ years	Dolphina GC	5						
316	Kaylee Doyle	10+ years	Bulmershe GC	5						
317	Emma Kendall	10+ years	Bulmershe GC	5						
318	Layla Fillbrook-Gordon	10+ years	Pipers Vale GC	5						
319	Lutho Ndayi	10+ years	Carousel SG	5						
320	Lottie Absolom	10+ years	KD Gymnastics	5						

ROUND SIX	ACTIVITY	* 8.30am Judges Meeting *
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8.00am	Doors Open	
8.00am - 8.30am	Registration for Gymnasts Competing in Round 6	
8.30am - 8.40am	March-on & Introduction of Gymnasts Competing in Round 6	
8.40am - 8.50am	General Warm-Up	
8.50am	All Judges to be in position	
8.50am - 8.55am	Gymnasts line up on floor in Groups & march to first Apparatus	
8.55am - 11.50am	Warm-Up & Competition 5 x 35 Minutes	

Warm-Up Arrangements	VAULT	BARS	BEAM	FLOOR	R & C
Vault, Bars, Beam & Range:	1	2	3	4	5
Timed 10 minute Warm-Up followed by Competition	5	1	2	3	4
Split Warm-Up on Floor:	4	5	1	2	3
First half of Group W/Up for 5 minutes followed	3	4	5	1	2
by the second half of the Group	2	3	4	5	1

There will be a separate Warm-Up area for Range to ensure the next gymnast is ready to compete.

11.50am	Judges & Officials Lunch
11.50am - 12.00pm	Collation of Scores & Spectator Hot-Seat
12.00pm - 12.10pm	Stand & Awards Ceremony for Regional 2 & National 4 Gymnasts

Sunday - Round Seven

No.	GYMNAST	AGE GROUP	CLUB	GR	VAULT	BARS	BEAM	FLOOR	R & C	TOTAL
Regional Grade 1										
321	Libby Sypula	13+ years	Marriotts GC	6						
322	Kaci Lette	13+ years	Pipers Vale GC	6						
323	Chiara Ciufo	13+ years	Pipers Vale GC	6						
324	Halle Dawson	13+ years	Carousel SG	6						
325	Iris Jaggard	13+ years	Norfolk AG	6						
National Grade 2										
326	Kristelle De Leon	12+ years	City of Birmingham GC	7						
327	Montana Leith-Mulley	12+ years	City of Birmingham GC	7						
328	Olivia Benson-Stelling	12+ years	City of Worcester GC	7						
329	Isabella Blackburn	12+ years	City of Worcester GC	7						
330	Charlotte Baddeley	12+ years	City of Worcester GC	7						
331	Eleanor Robinson	12+ years	Next Dimension GA	7						
332	Harriet Blair	12+ years	Next Dimension GA	7						
333	Annabelle Carrozzo	12+ years	KD Gymnastics	7						
334	Sophie Wickham	12+ years	Cardiff Central YC	8						
335	Clara Rimini	12+ years	Berkhamsted GC	8						
336	Lydia Sellen	12+ years	Berkhamsted GC	8						
337	Amber Penaliggon	12+ years	Berkhamsted GC	8						
338	Sophia Waller	12+ years	Camden GC	8						
339	Crystal Watts	12+ years	Pipers Vale GC	8						
340	Millie Finbow	12+ years	Pipers Vale GC	8						
341	Harriet Yap	12+ years	Hendon GC	9						
342	Honesty South	12+ years	Horsham GC	9						
343	Scarlett Tidy	12+ years	Horsham GC	9						
344	Francesca Clark	12+ years	Horsham GC	9						
345	Mia Perryment	12+ years	Basingstoke GC	9						
346	Faye Chestnutt	12+ years	Basingstoke GC	9						
347	Abby Forkner	12+ years	Carousel SG	9						
348	Chloe Tomlin	12+ years	Carousel SG	9						
349	Magdalena Beuik	12+ years	Bury Spectrum GC	10						
350	Maria Whiting	12+ years	Bury Spectrum GC	10						
351	Zippy Wells-Dion	12+ years	Norwich GC	10						
352	Jenna Delaunay	12+ years	Waveney GC	10						
353	Kiera Kane	12+ years	Waveney GC	10						
354	Ellie Gadd	12+ years	Leatherhead & Dorking GC	10						
355	Alice Tall	12+ years	Norfolk AG	10						
356	Chloe Bishop	12+ years	Europa GC	10						

ROUND SEVEN	ACTIVITY																																				
By 11.30am	Registration for Gymnasts Competing in Round 7																																				
12.10pm - 12.20pm	March-on & Introduction of Gymnasts Competing in Round 7																																				
12.20pm - 12.30pm	General Warm-Up																																				
12.30pm	All Judges to be in position																																				
12.30pm - 12.35pm	Gymnasts line up on floor in Groups & march to first Apparatus																																				
12.35pm - 3.30pm	Warm-Up & Competition 5 x 35 Minutes																																				
	<table border="1"> <thead> <tr> <th>Warm-Up Arrangements</th> <th>VAULT</th> <th>BARS</th> <th>BEAM</th> <th>FLOOR</th> <th>R & C</th> </tr> </thead> <tbody> <tr> <td>Vault, Bars, Beam & Range:</td> <td>6</td> <td>7</td> <td>8</td> <td>9</td> <td>10</td> </tr> <tr> <td>Timed 10 minute Warm-Up followed by Competition</td> <td>10</td> <td>6</td> <td>7</td> <td>8</td> <td>9</td> </tr> <tr> <td>Split Warm-Up on Floor:</td> <td>9</td> <td>10</td> <td>6</td> <td>7</td> <td>8</td> </tr> <tr> <td>First half of Group W/Up for 5 minutes followed</td> <td>8</td> <td>9</td> <td>10</td> <td>6</td> <td>7</td> </tr> <tr> <td>by the second half of the Group</td> <td>7</td> <td>8</td> <td>9</td> <td>10</td> <td>6</td> </tr> </tbody> </table>	Warm-Up Arrangements	VAULT	BARS	BEAM	FLOOR	R & C	Vault, Bars, Beam & Range:	6	7	8	9	10	Timed 10 minute Warm-Up followed by Competition	10	6	7	8	9	Split Warm-Up on Floor:	9	10	6	7	8	First half of Group W/Up for 5 minutes followed	8	9	10	6	7	by the second half of the Group	7	8	9	10	6
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3.30pm	Collation of Scores & Spectator Hot-Seat																																				
3.30pm - 3.40pm	Stand & Awards Ceremony for Regional 1 & National 2 Gymnasts																																				
3.40pm - 3.50pm																																					

Sunday - Round Eight

No.	GYMNAST	AGE GROUP	CLUB	GR	VAULT	BARS	BEAM	FLOOR	R & C	TOTAL
National Grade 1										
357	Lauren Davey	13+ years	Cardiff Central YC	11						
358	Beth Munro-Morris	13+ years	Cardiff Central YC	11						
359	Maya Grant	13+ years	Marriotts GC	11						
360	Annabel Scarle *BARS UP*	13+ years	Waveney GC	11						
361	Taran Pledger	13+ years	Waveney GC	11						
362	Kira Cosgrove	13+ years	Phoenix GC	11						
363	Scarlett Cherry	13+ years	Leatherhead & Dorking GC	11						
364	India-Rose Cox	13+ years	City of Worcester GC	12						
365	Tulsi Bevil	13+ years	Hendon GC	12						
366	Emma Hill	13+ years	Norfolk AG	12						
367	Olivia Hanby	13+ years	Europa GC	12						
National Grade 3										
368	Holly Fox	11+ years	City of Worcester GC	12						
369	Alina Cofie	11+ years	Hendon GC	12						
370	Ryley Taylor	11+ years	Europa GC	12						
383	Abigail Roper	11+ years	Pipers Vale GC	12						
384	Emily Roper	11+ years	Pipers Vale GC	12						
371	Meghan Rosteck	11+ years	Berkhamsted GC	13						
372	Millie Sabine	11+ years	Next Dimension GA	13						
373	Ellie Bridgeman	11+ years	Next Dimension GA	13						
374	Ella Tomlin	11+ years	Dolphina GC	13						
375	Poppy Griggs	11+ years	Horsham GC	13						
376	Charley Bargman	11+ years	Horsham GC	13						
377	Millie Craven	11+ years	Horsham GC	13						
378	Amelie Thorne	11+ years	Bulmershe GC	14						
379	Leia Doyle	11+ years	Bulmershe GC	14						
380	Caitlin Seaby	11+ years	Marriotts GC	14						
381	Emma Robinson	11+ years	Basingstoke GC	14						
382	Maja Szymkiewicz	11+ years	Camden GC	14						
396	Grace Wellington	11+ years	Camden GC	14						
397	Jasmine Khabie-Zeitoune	11+ years	Camden GC	14						
385	Molly Simmons	11+ years	Carousel SG	14						
386	Mya Thomas-Osbourne	11+ years	Slough GC	15						
387	Venetia Tierney	11+ years	Slough GC	15						
388	Mia Patel	11+ years	Waveney GC	15						
389	Kaitlin Sinden	11+ years	Waveney GC	15						
390	Poppy Whelehan	11+ years	Phoenix GC	15						
391	Lara Thornton	11+ years	Phoenix GC	15						
392	Lily Tranfield	11+ years	Norfolk AG	15						
393	Martha Marsh	11+ years	Norfolk AG	15						

ROUND EIGHT	ACTIVITY																														
By 2.30pm	Registration for Gymnasts Competing in Round 8																														
3.50pm - 4.00pm	March-on & Introduction of Gymnasts Competing in Round 8																														
4.00pm - 4.10pm	General Warm-Up																														
4.10pm	All Judges to be in position																														
4.10pm - 4.15pm	Gymnasts line up on floor in Groups & march to first Apparatus																														
4.15pm - 7.10pm	Warm-Up & Competition 5 x 35 Minutes * Mixed Group to Compete in Grade Order *																														
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7.10pm - 7.20pm	Collation of Scores & Spectator Hot-Seat																														
7.30pm	Stand & Awards Ceremony for National 3 & 1 Gymnasts plus the Overall Team Trophy																														

Important Information

- ★ **Floor Music:** Please submit this at the time of registration. Each gymnast is required to have their own CD or USB Drive clearly labelled with Gymnast's name, Number & Club. Please have a back-up copy on either a phone, ipod or tablet readily available in case of technical difficulties during the event.
- ★ Ensure that the Gymnast's Number is shown to the Announcer prior to each floor routine taking place.
- ★ **IF!** we happen to be running ahead of schedule (not including Rounds 1, 4 & 6), we will commence competition earlier thus, please endeavour to have your gymnasts registered by the latest Registration time stated for each Round of Competition.
- ★ **ALL** Gymnasts, Coaches & Judges will be issued with entry passes in advance.
Please Note that Gymnast passes are only valid for the day of Competition.
Please ensure your Gymnasts receive the Correct Pass along with their £5.00 Quatro Voucher prior to the Event.
Spectator Tickets can be pre-purchased via the Website Box Office: www.calvertgymevents.com
Please appreciate that the venue has a maximum limit for both insurance and health & safety purposes.
If the Venue is full, the organisers reserve the right to refuse entry to those not in possession of a ticket.
- ★ Please could you ensure that your nominated Judge(s) receive all of the Judging Information, Entry Ticket and, are aware of which Days and Apparatus they are judging; nothing upsets a competition more than judges that are late.
If you have any queries relating to Judges please email Elaine Wood at pipersvale@gmail.com or call her on 07917 322080
As per the published Rules, any Nominated Judge failing to turn up will result in a fine.
- ★ Gymnasts are to provide their own Numbers and Chalk. **Special Awards will be presented for Best & Fanciest Numbers!**
The theme is Disney Princesses for Compulsories & Disney Characters & Films for all other Grades
- ★ T-shirts will be handed out to Coaches to distribute to gymnasts throughout the Competition.
- ★ The BGA jewellery policy will be enforced for both gymnasts & coaches.
- ★ This event adopts a strict health & safety policy thus, if the judges in charge of each apparatus in consultation with the organisers deem an element or vault to be unsafe then, we will request that the gymnast not perform it.
- ★ If a gymnast fails to compete on an apparatus, please inform the judges in order that they can submit a zero slip to the Scorers
- ★ Please ensure that your gymnasts warm-up & compete on the correct piece and be prepared to adapt and assist on Vault where the equipment may need to be raised, lowered or changed.
- ★ The emphasis of this event is on fun! Please bear in mind that this is a very large competition and delays may occur.
Under no circumstances should either you or, your parents approach the judges or scoretable directly.
If, you have a query, please approach either Sarah Calvert or the Announcer, Andy Wood.
We will endeavour to deal with any problems as quickly as possible but would appreciate your patience whilst doing so.
- ★ Where possible, gymnasts have been grouped in Clubs. Gymnasts to drop down x 1 within each Rotation
If you have any withdrawals please can you let Sarah know in advance by email: calvertgymevents@gmail.com
Please note that Entry Fees are non-refundable.